

SPECIALTY EVENTS SCHEDULE

TUESDAYS

Time	Boys Long Jump	Girls Shot Put	Boys High Jump
6:15	Gremlins	Bantam	Youth/Inter
6:30	Bantam	Midget	Midget
6:45	Midget	Youth/Interm.	Bantam
7:00	Youth/Inter.		

THURSDAYS

Time	Girls Long Jump	Boys Shot Put	Girls High Jump
6:15	Gremlins	Bantam	Youth/Interm.
6:30	Bantam	Midget	Midget
6:45	Midget	Youth/Interm.	Bantam
7:00	Youth/Interm.		

Coaches will have 15 min. to warm up prior to the 6:15 start time. Coaches will take their group to the specialty areas for practice and ensure your team arrives and completes the practice on time so that everyone will have an opportunity to practice.

Reminder: In order to compete in the High Jump athletes must meet the starting height criteria as follows: ***Bantam Girls: 2'9"***, ***Bantam Boys: 2'11"***, ***Midget Girls: 3'3"***, ***Midget Boys: 3'7"***, ***Youth/Inter. Girls: 3'8"***, ***Youth/Inter. Boys: 4'2"***

Hurdles - Midgets and Youth/Inter. Only: We hope to have Vanessa Sandoval SPHS graduate help us train on Mondays, if you have any athletes interested in Hurdles look for Vanessa on the Field/track after warm ups.